

GYMBOREE PLAY AND MUSIC NEWSLETTER

What's new in Gympo Steps?



LIGHTS, CAMERA, ACTION!

**Let's
RAMP IT UP!**



**Let's recap our RAMP DAY at
GYMBOREE!**

**SWING,
MOVE
AND
GROOVE!**



**Updates on our latest
SWEETHEARTS PARTY**

**MERCHANDISE OF THE
MONTH!**



what are the benefits of our airshapes?

**Growing With
Gymboree Play &
Music!**



**what are the
important
elements in our
Play Class?**

LIGHTS, CAMERA, ACTION

by Teacher Paul



Most of us learnt that when we read, we start with ABC, when we count, we start with 123 and when we sing, we start with DO-RE-MI. But in Gympo Steps, we start with classroom rules. These rules are very vital in our classroom routine as these teach children discipline and self-control. Here's the complete list of the rules they've learnt: Gentle Hands, Walking Feet, Indoor Voice, Listening Ears and Looking Eyes.

Children did activities and crafts in connection with these rules. To name a few, we did an echo game where children need to control their voice into loud and soft to reiterate indoor voice; they painted and decorated an ear headband craft to give emphasis on listening ears; and the best seller was the mirror activity where children need to tell what they see in the mirror. Exploring all these classroom rules has never been this fun.



In Gympo Steps, we also prepare kids intellectually through fun activities, arts, and crafts. And yes, we started with ABC. As an opening salvo for our exploration of letters, kids carried some pretend food crumbs and marched their way as ants. Indeed, ants go marching one by one, hurrah! They also made some apple arts and crafts, and fed the pretend alligator with food. For letter B, kids fluttered their scarves as butterfly wings and danced to the music of Butterfly by The Parachute Express. Kids were also in delight as they pop the bubbles, play with the bee finger puppets, and hit the balloon with their racquets. Of course, Baa Baa Black Sheep song has never failed the kids in learning the phonic sound of letter B. What else is better than that?

Oh wait, letter C won't let itself go down the drain without a fight. All eyes were focused as we explored the chemical reaction of cola and candy (mentos). Everyone was in awe. You can give it a try at home and emphasize on cola and candy as items that start with letter C.

Kids learn more when the activities are fun and involve active participation. The more senses the kids are using, the more they catch the meaning of a concept. This is what Gympo Steps is all about -- learning through play, playing with intention, cherishing childhood, and molding them to love learning. Can't get enough of the activities we explore in Gympo Steps? Here's something to look forward to: Dinosaurs, Ducks, Eggs, Elephants, Flowers and Fish.

Ramp It Up!

by Teacher Ivy

Ain't no ramps high enough for Level 3 babies of Gymboree this week for our Ramps Day! This week the Gympo babies were challenged as the play floor was filled with endless fun of a wide variety of sensory ramps – short, long, soft or steep. The little ones of Level 3 explored climbing up and down the “Rocky Mountain ramps”, cruising along the arched bridge, and climbing up the airlog.



Why Ramps?

Exploring ramps helps build your baby's upper and lower body strength as they become confident walkers. For crawler babies, ramps is a great equipment for practicing tummy time. The soft and padded surface allows baby push up on hands or forearms, supporting their upper body and encouraging head and neck extension! For walker babies, encouraging babies to walk up and down the ramp is a great way to focus on strengthening, balance, coordination and motor planning!



So next time you're here at Gymboree, our ramps can do so much things for your little one!

"IS MY CHILD NOT TOO YOUNG TO PLAY?"

by Teacher Mimi

Greetings, dear parents!

Have this question ever crossed your mind when you found out that Gymboree actually conducts classes from birth?

Is your child really too young to play?

At the age of 0-6 months, your child is engaged in UNOCCUPIED PLAY.

UNOCCUPIED PLAY helps to develop their self-confidence and make them aware and learn more about the environment around them it is a sign that they are attempting to learn about themselves and their surroundings. This is the start for their future play exploration.

So, no! **Your child is definitely NOT too young to play!** This is a crucial stage where they are trying to discover how their body works and it keeps them feeling alert and helps to open doors for more learning opportunities,too!



Join our Play and Learn Level 1 class (0-6 months) today and experience how we accommodate unoccupied play for your little one!

Swing, Move & Groove!

by Teacher Joanne

Love is in the air and we celebrated the month of love and friendship together in style at our annual Sweethearts party.

Swing Dance was the theme of the evening and our party goers came dressed in their best suits and skirts, along with bowties, scarves and lots and lots of glitter!

We kicked off the celebration by putting on our groovy shoes and making one as well! Grown ups and children got their hands busy to add some sparkle to their very own Sweetheart doorknob signs.



Then, the real dancing began as we got on our feet to show off our best moves to favorites like The Twist and Crazy Little Thing Called Love. Moreover, have you ever spun on top of a dessert before? The children did just that and had a sweet blast spinning around on a giant red cupcake!

It was a colorful evening filled with moving and grooving, shaking and clapping, along with many hugs and kisses to be given around.

There is much more excitement to look forward to as we throw a handful of theme parties each year.

So, keep a look out for our next party in the coming months to join in the fun, too!

Merchandise of the month!



our AIRSHAPES!

The Gymboree Air-shapes is provided in three shapes (Triangle, Circle and Square) which can be used for a number of activities with your little ones.

They can be used to entice your younger ones to develop their movement or for older children, it may be used for imaginary play where we can pretend that it is a cheese for them to grate or puppy treats and etc.

They not only make little ones aware of the different shapes but also provide a visual image of Gympo the clown too ! It helps with colour recognition in early years, too! Such as green, red and blue or turquoise, orange and purple.

Purchase your Air-Shapes with 15% OFF for the month of March!

Promo of the month!



REFER-A-FRIEND
share the benefits of play.

Give 1 Month,
Get 1 Month

GYMBOREE

Growing With Gymboree Play & Music

by Teacher Sugha

It's a different month with new milestones for our little ones! Children reach milestones in how they play, learn, speak, act, and move (crawling, walking, climbing, etc.). At Gymboree Play & Music, we encourage exploration and self-expression through activities where your little ones will learn to conquer new challenges and reach developmental milestones.

1. Sharing



While sharing doesn't actively happen until the pre-school age, engaging your little one in a class environment helps them adapt to different faces and people. At this age, they might not be sharing specific objects with each other just yet, but they are learning to share a space with others outside of the family environment.

2. Repetition & Routine



Some of our many wonderful class activities that we offer such as singing songs, parachute time, and blowing bubbles, helps to sharpen your child's memory and helps to master new skills.

Having a routine improves speed, increases confidence, and strengthens the connections in the brain that help your little one learn.

3. Trial and Error



When it comes to early development, failure and making mistakes leads to learning and success.

It's our mission at Gymboree Play & Music to encourage children to explore their boundaries and step out of their comfort zone. Mistakes can build resilience and encourages confidence.

4. Making Choices



Decision-making is an important aspect of building confidence.

Having pure freedom of our innovative playscapes provides your little one the opportunity to develop those keen decision-making skills.

The playscapes equipment is specifically designed for multiple choices of use. Your child can choose to stand on top of the bridge, or to crawl underneath it. They can explore sliding down the slide or to climb it. The possibilities of exploration are endless as there is no wrong way to play!

Everything we do is about building confidence here at Gymboree Play & Music. So, here are some elements we implement to help your child achieve their milestones!